

DISCUSSION GUIDE

RELATIONSHIP REBOOT DEBUGGING YOUR HEART

Risen Savior Lutheran Church

Group Ministry

www.rslc.org

Ever feel like you wanted to start over on a relationship with a friend, co-worker, or even a family member? Something went wrong and it seems like you forever have a wedge of regret, walking on eggshells, and separation. You can't seem to easily communicate with them like you used to. How did this happen? What can you do about it?



Relationship Reboot. Join us this summer as we transform our sabotaging minds to clear the obstacles toward healthy, loving relationships in Christ. Work through the questions in this guide with your Connect Group, spouse, or a couple of friends. Get ready to debug your heart and restore your relationships!

Relationship Reboot: Debugging Your Heart

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SUPPORT SYSTEM

EPIC FRIENDSHIPS

KEY IDEA: I lay down my life for my friends.

KEY VERSE: John 15:13-15

KEY APPLICATION:

- ♥ I live a life ruled by Jesus' love.
- ♥ I choose to love my friends, rather than decide if I love them based on my feelings.
- ♥ I do not expect anything in return for my love.

[John 15:13-15](#)

Greater love has no one than this, that someone lay down his life for his friends. You are my friends if you do what I command. No longer do I call you servants, for the servant does not know what his master is doing; but I have called you friends, for all that I have heard from my Father I have made known to you.

- 1. What does Jesus mean by “laying down your life for your friends”?**

- 2. Jesus shared precious information and instructions for us. Why do you trust that Jesus is a friend? In what ways is Jesus a friend? A master?**

- 3. Love will always cost you something, but not loving will cost you more. What price are you paying in loving or not loving your friends?**

- 4. What are you expecting in return for your friendship with others?**

PRAYER NEEDS:

TEAM WORK

LOVING YOUR CO-WORKERS

KEY IDEA: I am called to serve in my vocation.

KEY VERSE: Colossians 3:23-24

KEY APPLICATION:

- ♥ My co-workers are my teammates, each loved by God.
- ♥ I miss my co-workers when I am away from my work.
- ♥ I work to solve relational problems, in a Godly manner, between myself and my co-workers.

Colossians 3:23-24

Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ.

1. How can you turn a “complaining” work environment into one of joy, purpose, and passion?
2. Is it important to “rest” from your work? Why or why not? What benefit or detriment might that have?
3. Do you have a common purpose in work with your co-workers? Where do you differ in purpose? How does having a common purposes affect your relationship with one another?
4. How does “working for God” change the nature of your relationship with your co-workers?

PRAYER NEEDS:

BLOOD RELATIVES

PRECIOUS FAMILY

KEY IDEA: My family is more precious than gold.

KEY VERSE: 1 Timothy 5:8

KEY APPLICATION:

- ♥ I follow God's guidance and wisdom in my family relationships.
- ♥ I understand the individual needs of each of my family members.
- ♥ I raise my children in an atmosphere of encouragement and my treat my parents with respect.

[1 Timothy 5:8](#)

But if anyone does not provide for his relatives, and especially for members of his household, he has denied the faith and is worse than an unbeliever.

1. Which of your family members need your active care? Why is it important to care for them?
2. How does failure to care for a family member deny the teachings of the Christian faith?
3. Read Colossians 3:18-25. How do God's instructions to families help family members become mature Christians? Which of God's principles for Christian households challenge you to change?
4. What is one way you can improve the way you treat each member of your family?

PRAYER NEEDS:

A LOVING GOD

ADORING GOD

KEY IDEA: I love God with all my heart, soul, mind, and strength and He loves me.

KEY VERSE: Psalm 34:1-3

KEY APPLICATION:

- ♥ I welcome Christ into my life daily.
- ♥ I am aware of God's interaction in my life, giving Him the glory and letting Him teach me.
- ♥ I nurture my relationship with God by regularly reading His Word in the Bible and praying.

[Psalm 34:1-3](#)

*I will bless the LORD at all times; his praise shall continually be in my mouth.
My soul makes its boast in the LORD; let the humble hear and be glad.
Oh, magnify the LORD with me, and let us exalt his name together!*

1. **Do you bless the Lord at all times, i.e., in good times and in bad? Why or why not?**

2. **What is the primary purpose of worship services? Why do we worship together as a community of believers?**

3. **How do you know that God loves and adores you? Do you love and adore God? How?**

4. **What tempts you to back away from your commitment to Christ?**

PRAYER NEEDS:

IN THE WORLD

GOVERNMENT AND SOCIETY

KEY IDEA: I support my governmental leaders.

KEY VERSE: Romans 13:1-3

KEY APPLICATION:

- ♥ God instituted our secular leaders and can use all actions for good.
- ♥ I am not angry with authority, but seek to do good and peacefully institute change in my community.
- ♥ I regularly pray for city, state, national, and world leaders.

Romans 13: 1-3

Let every person be subject to the governing authorities. For there is no authority except from God, and those that exist have been instituted by God. Therefore whoever resists the authorities resists what God has appointed, and those who resist will incur judgment. For rulers are not a terror to good conduct, but to bad. Would you have no fear of the one who is in authority? Then do what is good, and you will receive his approval,

- 1. What irritates you most about government? What attitude are you showing God when you rebel against the government?**

- 2. What is the Christian's responsibility for maintaining a good government? How active are you in your city, state, and country?**

- 3. Read Philippians 3:20-21. Where does our citizenship lie? Who is the authority?**

- 4. To which government could you write or talk to this week? Set aside time this week to pray for your government.**

PRAYER NEEDS:

UNITED IN PURPOSE
FELLOWSHIP OF THE SAINTS

KEY IDEA: I am united with other Christians.

KEY VERSE: Hebrews 10:22-25

KEY APPLICATION:

- ♥ I am convinced that Jesus, Son of the Living God, died for my sins and I am forgiven.
- ♥ I am committed to being with my fellow Christians, worshipping and working in God's Kingdom together.
- ♥ I speak encouraging words to my brothers and sisters in Christ.

[Hebrews 10:22-25](#)

... let us draw near with a true heart in full assurance of faith, with our hearts sprinkled clean from an evil conscience and our bodies washed with pure water. Let us hold fast the confession of our hope without wavering, for he who promised is faithful. And let us consider how to stir up one another to love and good works, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.

- 1. What characteristics unite followers of Jesus? Are you united in the same purpose as your church?**
- 2. What kind of behavior should believers in Christ exhibit toward one another? How is God glorified by our behavior?**
- 3. How much time do you spend with other Christians? Is the time you spend encouraging to you?**
- 4. Who is someone in your church that you need to love as Jesus loves you? What steps can you take to be more loving?**

PRAYER NEEDS:

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